

## Our vision is:

- to find the best ways to inform adolescents and young women on the importance of iodine, increase their knowledge on iodine and improve their iodine status
- to take steps towards the elimination of iodine deficiency in Europe and beyond

## Our goals are:

- to raise awareness about the importance of iodine for health, and the risks of iodine deficiency-related disorders
- to have a positive impact on the health of young people, their iodine intake habits, and the health of their future offspring

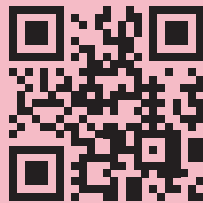


## Join us in the EUthyroid2 project!

Find out more about the project:



<https://euthyroid2.eu>



Feel free to contact us:



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# EUthyroid2

- ▶ No extra effort needed as all materials needed to take part in the study will be provided
- ▶ The study will accommodate your schedule

**Photo credits:**

© shutterstock.com/Tatjana Baibakova (iodine sources)  
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Co-funded by  
the European Union



UK Research  
and Innovation

## Who we are:

A team of researchers, medical experts, and non-profit organisations collaborate in the EUthyroid2 project to improve awareness with respect to the importance of iodine and the risks of iodine deficiency in adolescents and young women.

For this purpose, the EUthyroid2 research team developed interventions for the healthcare and educational settings.

**We invite you to participate in the healthcare setting** which is designed to educate young women (18-24 years old).

### Who is invited to participate?

The healthcare setting intervention will be conducted in 4 European countries (England, Northern Ireland, Norway, and Poland) and 2 non-European countries (Bangladesh and Pakistan).



### What are we asking from healthcare settings

If you as a healthcare setting decide to participate, we will accommodate your schedule and **no extra effort will be needed**, we will provide you with all the information you need. You will be allocated to a control or an intervention group.

### What does the intervention group do?

In the intervention group, healthcare professionals will be trained to **provide information material and educate young women on the importance of iodine.**

To find out if the intervention worked well, healthcare professionals and women will be surveyed on iodine awareness and their experiences with the intervention.

### What does the control group do?

The control group will be surveyed as well and will have the possibility to access the intervention material after all surveys are finalised.

## Our offer to you:

If you decide to participate in the study as a healthcare setting, this will require no extra effort to take part as **you will receive all the information and materials you need for participation.**

In appreciation of your time and commitment, **we are pleased to offer a small financial incentive** for each participant included in the study.

**Be part of increasing young women's awareness about the importance of iodine and improving their iodine status for their own health and that of their future offspring.**

Queen's University Belfast

Contact the EUthyroid2 team at:  
EUthyroid2@qub.ac.uk