



**PUPIL ASSENT FORM** - to assent means to agree to something, like consent, but generally you need to be older to consent.

**EUthyroid2 – The next step towards the elimination of iodine deficiency and preventable iodine-related disorders in Europe: Education Setting.**

*Please circle all you agree with:*

1. Do you have any questions about the study? **Yes / No**

If **'No'**: Please go to question 2

If **'Yes'**: Please ask the researcher to answer any questions you have and then answer question 1a.

Researcher signature.....

1a. Have your questions been answered in a way that you understand? **Yes / No**

2. Do you understand what this study is about? **Yes / No**

3. We would like you to fill in a questionnaire. Firstly, we will get to know you a little bit more, by asking some things about your family, your diet, who cooks in your household and your health. You will also be asked what you know about iodine and about some of the foods you eat. We will ask you to complete this questionnaire at the start of the study, 2-4 weeks after you've learned a bit about iodine and then at 6-8 months when the study ends. You will be given time to complete these in school and your teacher will stay with you.

Are you happy to complete these questionnaires? **Yes / No**

4. I understand that my participation is voluntary and I can stop at any time without giving a reason. Any data I have already provided will be kept, but no new data will be collected. I (or my parent/guardian) can ask to have my data withdrawn from the study up until 31<sup>st</sup> December 2025.

**Yes / No**

5. I understand that my information will be kept very safe and private for 10 years and then it will be destroyed. I understand that when study reports are written, no-one will be able to identify me from the report.

**Yes / No**

EUthyroid2 study Pupil Assent form v1\_21/10/2024



6. I understand that my questionnaire answers will be kept completely confidential, and only the researchers will know what I have said. **Yes / No**

7. I understand that if I am selected to participate in an interview at the end of the study that I don't have to take part if I don't want to. **Yes / No**

**8. I am happy to take part in the EUthyroid2 study** **Yes / No**

**If you are happy to take part, please fill in the details below:**

*(If you **do not** want to take part then please **do not** fill in the details below)*

Your name: .....

Date of Birth: .....

School: .....

Date: .....

**Thank you for your time and consideration of taking part in this study.**

**The best way to contact us is by using our study email address:**

**If you are in Northern Ireland: [EUthyroid2@qub.ac.uk](mailto:EUthyroid2@qub.ac.uk)**

**If you are in England: [iodine@surrey.ac.uk](mailto:iodine@surrey.ac.uk)**

**Researcher contact for all schools in Northern Ireland:**

Dr Danielle Logan, Research Fellow, Centre for Public Health, School of Medicine Dentistry and Biomedical Sciences, Queen's University Belfast, Institute of Clinical Science Block B, Grosvenor Road, Belfast BT12 6BJ.

Email: [d.logan@qub.ac.uk](mailto:d.logan@qub.ac.uk) Tel: 07823368444

**Researcher contact for all schools in England:**

Katie Nicol, Research Fellow, School of Biosciences, Department of Nutrition, Food and Exercise Sciences, Stag Hill, University of Surrey, Guildford, GU2 7XH

email: [k.nicol@surrey.ac.uk](mailto:k.nicol@surrey.ac.uk)

**EUthyroid2 Chief Investigator:**

Professor Jayne Woodside, Centre for Public Health, School of Medicine Dentistry and Biomedical Sciences, Queen's University Belfast, Institute of Clinical Science Block B, Grosvenor Road, Belfast BT12 6BJ.

Email: [j.woodside@qub.ac.uk](mailto:j.woodside@qub.ac.uk) Tel: 028 9097 8942