

Questionnaire

Process Evaluation

T0-3

We would like to assess how the intervention was implemented in each intervention site and region. For this, we would like to ask you questions on how you delivered the intervention, what your attitudes are towards the intervention and about factors that may influence the implementation. This will help us to understand why the intervention works well in some settings and maybe not so well in others. Your answers are solely used to assess the implementation process.

Questionnaire process evaluation

0.1 Did you conduct the study in the following settings?

Higher Education (i.e. University)

Further Education (i.e. College)

Both

None

Name of University or College

1. Have you received and read the “Checklist for study personnel” for usage in the conversation with the participants?

YES

NO

If you have selected “NO”, please continue with question 2.

If you have selected “YES”, please answer the following question 1A.

1A. How often have you used the “Checklist for study personnel” for the conversations with the participants?

In approximately _____% of the conversations with the participants

If you inserted 0-30%: why did you not / rarely use the checklist?

I did not receive it

I do not find it helpful

It is too much work to use it

I used it in the beginning and later on I did not need it

Other

Other (specify in text)

1B. To understand if the checklist was helpful for you, we would like you to answer each question as openly and honestly so that you can indicate the way it applies to you.

Please rate each of the statements below:

The checklist for study personnel...	<i>completely disagree</i>	<i>neutral</i>	<i>completely agree</i>
... contains information I need to conduct the education.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... helps me to understand how to educate the participants on iodine-deficiency.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... helps me to understand how to educate the participants on healthy iodine dietary choices.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... helps me to apply engaging conversation techniques during the education of the women.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...gives me confidence to educate the study participants on iodine adequately.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...encourages me to become more active in order to improve study participants' iodine intake.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Please answer the following questions on the educational conversation with the study participants to the best of your knowledge. It will help us to understand, if the intervention was delivered comparably across all implementation sites.

How long did the conversation with the participants take on average? _____minutes

	Completely disagree	Disagree	Neither agree nor disagree	Agree	Completely agree
In general, the conversation techniques I learned about in the training video were helpful to educate the participants on iodine.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In general, the conversation techniques I learned about in the training video were helpful to raise the participants' awareness on iodine.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Always Very often Sometimes Rarely Never

Did you refer to the iodine-factsheet's content in the conversation with the participants, e.g. point out the visualised iodine sources?

In the conversation with the participants, did you encourage them to watch the video on iodine (QR code on factsheet)?

3. Now we would like to ask you some general questions about the EUthyroid2 intervention. Please indicate your personal attitudes towards the intervention. We appreciate your openness.

Completely disagree Disagree Neither agree nor disagree Agree Completely agree

The EUthyroid2 intervention's goal to prevent iodine deficiency in young women is important.

I like the EUthyroid2 intervention components.

I can see the potential value of the EUthyroid2 intervention for my work.

Sufficient resources are available to support the EUthyroid2 intervention.

The EUthyroid2 intervention....	Completely disagree	Disagree	Neither agree nor disagree	Agree	Completely agree
...fits well into my work routines.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...fits well with my professional role.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...is suitable for the study target group (young women between 18-24 years).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...is applicable in practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...is a good match for the setting (e.g. hospital, medical practice, etc.) I am delivering it in.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... is doable for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... is easy to use in practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Always	Very often	Sometimes	Rarely	Never
I had a contact person at my workplace that I could ask if anything was unclear about the intervention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I had a contact person from the EUthyroid project team that I could ask if anything was unclear about the intervention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. Please indicate your agreement with the following statements. It will help us to assess the sustainability of the intervention.

	Completely disagree	Disagree	Neither agree nor disagree	Agree	Completely agree
I will continue to support the EUthyroid2 intervention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I believe that the EUthyroid2 intervention will have a lasting impact on the study participants.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I believe the EUthyroid2 intervention is suitable for nationwide implementation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. Please indicate to what extent you discussed the topic of iodine within your work and social contacts. It will help us to assess the impact of the intervention.

	Completely disagree	Disagree	Neither agree nor disagree	Agree	Completely agree
I have discussed the importance of iodine with work colleagues who are not part of the Euthyroid2 study.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have discussed the importance of iodine with friends or family.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6. Is there anything else you would like to feedback about the study, training or implementation?

Specify in text:

Implementing new procedures and changing work routines can be stressful and challenging in practice. The following questions ask how you experience your work/study-situation after the first few months of implementing the EUthyroid2 intervention. This helps us to assess how feasible the intervention is in practice.

7. How do you find your work related to the EUthyroid2 tasks? *(In each line, check the box that best corresponds to your perception)*

	1	2	3	4	5	6	7	
manageable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	unmanageable
meaningless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	meaningful
structured	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	unstructured
easy to influence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	impossible to influence
insignificant	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	significant
clear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	unclear
controllable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	uncontrollable
unrewarding	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	rewarding
predictable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	unpredictable

The working climate may also influence how well an intervention such as the EUthyroid2 intervention is adopted. Please indicate how you experience the current working climate in the context of conducting the EUthyroid2 tasks. This information is solely used to evaluate the implementation of the EUthyroid2 intervention. We appreciate your openness.

8a) This does not apply as I'm a volunteer student.

Yes

No

If you have selected "YES", this is the end of the questionnaire.

If you have selected "NO", please continue with question 8b.

8b) In my workplace...	I Strongly disagree	I Disagree	I Agree	I strongly agree
... there is unity and agreement.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...we trust one another.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...there is a "team sense" among the employees.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...the work climate is good.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...the willingness to help one another is great.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...we share many common values.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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**This is the end of the questionnaire.
THANK YOU for filling it out!**

«barcode»



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